



Summer Water Safety

Tragically, in the United States, more children ages 1 to 4 die from drowning than any other cause. Drowning is the second leading cause of death after motor vehicle accidents for children ages 5 to 14. [CDC](#) The risk of drowning for children with autism is reportedly substantially higher. The risks will vary from child to child but some of the reasons for additional risk include wandering, not understanding dangers, being drawn to water and being unable to communicate when in distress. As the weather warms, pools open, and travel increases, here are a few suggestions for minimizing drowning risks:

- **Swim lessons** – take a look at the videos in the Drowning Prevention Toolkit below to learn more about swim lessons at different ages, contact your local YMCA or community pools to ask about lessons
- **Learn CPR** -The [American Red Cross](#) now offers online pediatric and adult CPR classes
- **Keep visual contact with your child when near water** – most drownings happen between 4 and 6pm when families may be distracted with meal prep
- **If your child wanders** – equip the home with safety latches, notify neighbors and consider child tracking devices. Nearly half of child drownings occur in ponds near homes.

The American Academy of Pediatrics has a [Drowning Prevention Toolkit](#) which has an extensive library of short videos to learn more about drowning prevention, beach and lake safety, pool safety, advice on swim lessons for toddlers and teens, and others.
janice

THIS MONTH'S FAMILY MEETINGS

[All Houma and Thibodaux SPECIAL Family Presentation from Families Helping Families 5/23 at 9:00am, Thibodaux clinic](#)

[Houma 5/24 Group Meeting 8:45am in person](#)

[Baton Rouge Pre-K 5/12 Group Meeting 8:30 in person](#)

[Baton Rouge SLA 5/12 Group Meeting 1:30pm in person](#)

[Lafayette 5/18 Group Meeting at 1:30pm in person, Main Branch Library, 301 W. Congress St](#)

[All New Orleans/Houma/ Thibodaux Online Meeting 5/25 at 9:30am, 12 noon, 6:00pm– online only via TEAMS](#)

[Hammond 5/24 Group Meeting at 8:30am in person](#)

[Dr. Carmen Broussard Online Series for all families: 5/11 6:00pm Sleep and Bedtime Strategies](#)
Dr. Broussard's sessions are held online via TEAMS, contact Angie at alanoux@tc-aba.com to register

SAVE THE DATE: [New Orleans Families- In person family meeting!](#)

Saturday, 6/10/2023 10:30 AM

3rd Floor, The Shop at Contemporary Arts Center, 900 Camp St. New Orleans, LA 70130)

Positive Parenting Strategies

Parent Collaboration Support:

[Houma/Thibodaux/NOLA- Paula White at \[pgwhite@tc-aba.com\]\(mailto:pgwhite@tc-aba.com\)](#)

[Baton Rouge/Lafayette/Hammond- Mary Johnson at \[mjohnson@tc-aba.com\]\(mailto:mjohnson@tc-aba.com\)](#)

[Dr. Carmen Broussard at \[cbroussard@tc-aba.com\]\(mailto:cbroussard@tc-aba.com\)](#)

[Janice Huber at \[jhuber@tc-aba.com\]\(mailto:jhuber@tc-aba.com\)](#)

NEW TO TOUCHSTONE? Contact your Mary or Paula to schedule your New Family Orientation

Group sessions are open to any Touchstone parent or other legal guardian. Other caregivers may attend *with* parents/guardians. Individual sessions can be conducted at the centers, in the home, or in the community, and address your child's specific needs.

Join Us! If you are unable to attend the monthly meetings, please contact Angie Lanoux at: alanoux@tc-aba.com to set up individual meetings.