



Suggestions for Managing Your Child's Time During Breaks in School/Services

The holidays may bring changes in routines and schedules which can be difficult for children with autism. A few general suggestions for helping your child with transitions during breaks.

- Try to keep morning and nighttime routines the same as much as possible
- Use calendars and schedules to help your child know what to expect during the day or for a particular time period
- Use activity menus to help your child during free time – pictures or words of available activities
- Use timers to let your child know how long an activity will last
- **Use positive reinforcement!** Anytime you notice a behavior that you want to see more of, give lots of attention and behavior specific praise (“I love how you are.....”) - increases the odds your child will do those behaviors again
- Are you concerned about a change in schedule or a holiday event? Or want help in using one of the suggestions above? Schedule an individual session with your LBA to discuss your child's needs – call Angie at (985) 446-6833

Hammond – **WELCOME BACK** In Person Group Meeting: Thursday, December 9, 5:30pm **PLEASE RSVP**

New Orleans SMS- Thursday, December 9, 6:00 pm in person at SMS

Houma/Thib- Tuesday, December 14, 9:30am and 12noon, online

Lafayette- Tuesday, December 14, 9:30am online

HOLIDAY CLOSURES

Touchstone ABA will be closed the following days:

December 22 – Staff Development Day

December 23 and 24

December 31

Contact Angie at alanoux@tc-aba.com or (985) 446-6833 if your child will not be attending services during any day during the holidays.



NEW FAMILIES

If you haven't attended a New Family Orientation, call to schedule!

Please contact Angie Lanoux at alanoux@tc-aba.com or Janice Huber at jhuber@tc-aba.com to schedule a New Family Orientation that meets your availability. The orientation covers many important areas that can help new families when starting ABA services