



Dear Parents and Caregivers,

We hope you all had happy and memorable holidays. For many of you, the New Year brings new insurance deductibles. Touchstone realizes that meeting deductibles provides a financial hardship for some families. To assist families in meeting deductible requirements, and more importantly, to prevent an interruption in services, Touchstone is pleased to provide a financial program which only requires caregivers to pay 50% of your total deductible amount by the end of January 2020 and the remaining amount over the course of 6-12 months, rather than having to pay the total deductible amount in January.

Option 1: Pay all of Deductible

- Pay deductible in full by January 31st, 2020

Option 2: Touchstone's Deductible Assistance Program:

For families wishing to take advantage of the program:

- Touchstone will develop an individualized payment plan for up to 50% of your total deductible to be paid January 31, 2020
- The remaining 50% of your deductible may be spread out over 6-12 months

Our commitment is to provide high quality, continuous care for your loved ones. We hope our deductible assistance program will contribute to that goal, provide caregivers additional assistance if needed, and avoid interruptions in services. If one of these services are not selected, you could see a suspension of services.

If you'd like to participate in the deductible assistance program, please contact Ehealthcare and ask to speak with Miriam 985-447-7905.

Thank you,

Touchstone Team

THIS MONTH'S FAMILY MEETINGS

Houma 1/22 Group Meeting at **8:45am**

Thibodaux 1/23 Group Meeting at **2:30pm & 6:00pm**

Thibodaux 1/24 Group Meeting at **8:45am**

Baton Rouge 1/30 Group Meeting at **1:00pm**

Hammond Group Meeting 1/16 at **2:00pm & 5:30pm**

Hammond Individual Meetings 1/17 **8-11:00am**

Lafayette Group Meeting 1/24 at **8:30am**

Lafayette Individual Meetings 1/24 **9:30-12:30**

Lafayette **OPEN HOUSE 1/31 3-6:00pm**

Group sessions are open to any Touchstone parent or other legal guardian. Other caregivers may attend **with** parents/guardians. Please refrain from bringing children to the group meetings. Individual sessions can be held in centers, home, or community.

Join Us! If you are unable to attend the monthly meetings, please contact Angie Lanoux at: alanoux@tc-aba.com to set up individual meetings.

ONLINE BLINK PARENT EDUCATION

To check coverage, set up your online BLINK account, or to schedule an online session, contact Janice at (337) 526-5231 or jhuber@tc-aba.com

Word of the Month....

Contingency

Simply put, a contingency is a relationship between two events, where one event is dependent on another event. A certain consequence happens or doesn't happen **because** a certain behavior happens or doesn't happen – it's like a rule.

For example, in ABA, the delivery of reinforcers are usually contingent on a desired behavior occurring. So an example of a **contingency** is "when Sally independently and accurately writes her name, she will be given (reinforcers)." The delivery of reinforcers is contingent on Sally writing her name accurately. Reinforcers only happen for Sally if the desired behavior happens. While it's not always easy to be "contingent" with our kids, the more we are able to be clear in our instructions, consistent with our contingencies, and quick with the reinforcers for desired behaviors, the more likely our kids will continue those desired behaviors. jh