

PARENT NEWSLETTER

June 2018

Meet the Touchstone Team This month's BCBA is....



Angela Moran, MA, BCBA, LBA

Site Based Supervision, New Orleans: Angie uses behavioral tactics to individualize client programming and staff training, as well as implement proven organizational practices to help us scale efficiently.

Fun Fact: "I appreciate experiencing new and different things like traveling and trying different foods. I meditate regularly, and I LOVE bubbles, waterfalls, and rainbows"

ABC's of Behavior

The ABC's of behavior, also known as the three term contingency, is a description or identification of events, that helps us understand why and when particular behaviors are occurring. Behavior analysts analyze ABC data to develop effective interventions to bring about desired behaviors and reduce undesirable behaviors.

- **A** antecedents; actions, events, or circumstances that occur behfore a behavior
- **B-** behavior; what the student does, sometimes called the "behvior of interest" or the "target behavior"
- **C** consequences; actions or responses that the student experiences following the behavior

Test Yourself on ABA Terms of the Month

Which term describes a type of behavior that gets us what we want or need?

Generalization Target Behavior Mand

Touchstone Info

Why Touchstone?

Our staff training and continuing education program is intensive. Staff advancement is based on results highlighting our commitment to our clients' achievement.

State of the art ABA means that our clients will receive the most effective and efficient interventions available to date from our doctoral level staff.

Family Education is part of our service teaching parents of children with autism and other learning, language, and behavioral challenges how to become behavior change agents themselves.

CABAS® model of ABA: We document moment-tomoment client progress and these data are available to clients' families and stakeholders on a daily basis.

ASK A BEHAVIOR ANALYST



QUESTION: How do I get my child to?

ANSWER: Parents and caregivers will probably have a list they can fill in; brush his teeth, try new foods, sleep in her own bed, follow instructions..., among many others. ABA is uniquely suited to develop child specific interventions to address your concerns and research has shown that parents and caregivers can be *very effective* in using ABA strategies to help their children. Some of the positive benefits found when parents and caregivers implement ABA include; increased generalization and maintenance of skills, increased language, increased social interactions, reduced parent stress, increased parent optimism, and increased overall positive results from ABA (Hendricks, 2009). While there are many joys in raising a child with ASD, there are also many challenges. Touchstone parent training allows for support, coaching, encouragement, and information to help our families address those challenges. ianice

Submit your questions to Caitlyn at ccarroll@tc-aba.com